

SOUTHERN OREGON SUCCESS UPDATE

June 2022

- Important Regional Planning Meeting On June 22**
- Over 10,000 “Help That Helps” Parenting Guides On the Way**
- Rogue Valley Mentoring Free Day Camp Coming Up**
- Family Community Centers Opening in Grants Pass & Medford**
- Great Parent Education Offerings On the Calendar**
- Next Preschool/K12 Summit Set for August 11**
- Registration is Open for WebPD Classes In Social/Emotional Learning and Behavioral Health**
- Open ACEs Trainings for June & July**

IMPORTANT REGIONAL PLANNING MEETING ON JUNE 22

What will it take to create a comprehensive, family-centered system of resources and services that results in having every child in Jackson and Josephine counties enter Kindergarten ready to thrive?

How can we work together to ensure that every mom has a safe pregnancy, and every family has what they need to succeed?

The Southern Oregon Success Innovation Network is determined to figure it all out.

Working with national collaboration specialists CoCreative, the Network will be taking information gained from over 20 in-depth interviews with pregnant moms, new moms and people who work with children and families and moving into the planning process to produce a blueprint for a Child Success Delivery System in our region.

We’re seeking to develop a system that has never existed before in Oregon—one that can effectively support every pregnant mom and every family with kids under 5.

If you have a passion for children and families—or if you are pregnant currently or are new parents—we need you!

We will be meeting via Zoom on Wednesday, June 22 from 8:30 am until noon for a facilitated work session to start to bring this vision into focus. If you’d like to be part of it all, please email peter_buckley@southernoregonsuccess.org.

Simultaneous Spanish interpretation will be available, so please help spread the word.

Work developed during this regional planning session will then be taken up by the Network’s work groups, as well as our Family Advisory Council, over the coming

months. The full Network will convene again in October to expand the blueprint, with the goal of having the full blueprint and proposed budget for a Child Success Delivery System set out by December of this year.

OVER 10,000 “HELP THAT HELPS” PARENTING GUIDES ON THE WAY

As part of our ongoing efforts, our Family Capacity for Resilience work group has developed a distribution network of over 40 community agencies, child care centers, schools and organizations who will be distributing 10,500 copies of the “Help That Helps” parenting guide to parents and caregivers throughout Jackson and Josephine counties this year.

“Help That Helps” is a family-friendly guide developed by our partner collaboration, South Coast Together in Coos and Curry counties, along with consultants from ACE Interface (who provide the curriculum for our ACEs trainings), Bob Lieberman (who is the lead trainer for our Southern Oregon ACEs Training Team) and graphic artists from Youth Era.

The guide includes great information on brain science, on how kids develop and learn to deal with emotions, and on how all of us can take specific steps to help our kids, ourselves and each other as our kids grow up.

Working with the Family Connection and AllCare earlier this year, we’ve been able to distribute 1500 copies of the guide in English and 500 in Spanish through community partners such as Asante, Providence, Southern Oregon Pediatrics, Hearts With A Mission, the Child Care Resource Network and many more.

The response has been very positive from the parents and caregivers who have been given the booklet. The Family Capacity for Resilience work group members have now completed the outreach needed to expand our distribution network and determine how many booklets we can get to families over the next several months. The order has gone in for 8,000 more copies in English and 2500 in Spanish and is expected to reach us by mid-June. The work group will then deliver the copies requested by each of our community partners to be passed along to the parents and caregivers they work with.

We’re anticipating another large order of the booklets later in 2022, and our goal is to continue to expand the distribution network to the point where we can get this great information into the hands of every parent and caregiver in Southern Oregon.

This effort is made possible through the ongoing financial support of AllCare, Jackson Care Connect, SOELS, Options for Southern Oregon, Rogue Community Health, La Clinica, Siskiyou Community Health, our K12 school districts and SOESD.



Rising Resilient Summer Camp

July 12th – August 4th, 2022

Open enrollment – a summer camp to all Jackson County youth

Ages: 10 to 14 years old

Days: Tues & Thurs

Time: 9:00 AM – 4:00 PM

This program will be held at Coyote Trails Nature Center:

2931 S Pacific Hwy, Medford, OR 97501

Parents must provide transportation for their youth to and from this free program:

RVM has free bus passes available upon request.

- Youth will participate in a variety of fun activities with their peers and our mentors & staff, including soccer, crafts, cooking, and games.
- Please plan to bring a water bottle and lunch each day.
- Healthy snacks & water for refilling bottles will be provided by RVM.

Limited to 30 youth on a 1st come, 1st served basis:

register now to grab your spot!

ROGUE VALLEY
MENTORING

SUMMER Camp

FREE

10 to 14 year old youth

7/12/22 - 8/4/22
Tues & Thurs
9:00 AM - 4:00 PM

We have paid Camp Counselor opportunities for 15 to 19 year old youth.
Counselor Schedule:
Tues & Thurs
8:30 AM - 4:30 PM
Call for details!

COOKING, GAMES, DIY PROJECTS, SPORTS, AND MORE!

At the Coyote Trails Nature Center
2931 S. Pacific Hwy.
Medford, OR 97501

Sponsored by
SOCCER POST
MEDFORD, OR

<https://rvmentoring.org/summer-programs>
541.708.6688

ROGUE VALLEY
MENTORING

CAMPAMENTO de Verano

GRATIS

Jóvenes de 10 A 14 años

7/12/22 - 8/4/22
Tues & Thurs
9:00 AM - 4:00 PM

Oportunidad de consejero del se campamento para Jóvenes de 15 a 19 años.
Horario del consejero:
Martes y Jueves
8:30 a. m. - 4:30 p. m.
Llama para obtener más detalles.

JUEGOS DE COCINA, PROYECTOS DE ARTE, DEPORTES Y MAS!

En el Centro de la Naturaleza Coyote Trails
2931 S. Pacific Hwy.
Medford, OR 97501

Sponsored by
SOCCER POST
MEDFORD, OR

<https://rvmentoring.org/summer-programs>
541.708.6688

Once the program is full, youth will be added to a Waiting List and notified of their status. Due to this limited availability, if your youth does not attend regularly, and we can't contact you to verify their future attendance, we may offer their spot to a youth on the Waiting List.

Thank you to [Soccer Post](#) for their support bringing soccer to our free Summer Camp last year, and again this year! We are so grateful for you!

SOCCER POST
MEDFORD, OR

Please, call or email RVM with any questions:

541-708-6688 or info@rvmentoring.org

FAMILY COMMUNITY CENTERS OPENING IN GRANTS PASS & MEDFORD

A preview of coming attractions! We will have great news soon on two new centers for families to be able to access resources and information, attend events and more.

The Family Nurturing Center is working with AllCare and other community partners to develop a center in downtown Grants Pass, and Doulas & Company (formerly Rogue Valley Doulas) is working in partnership with the Family Connection and Southern Oregon Success to open a similar center in downtown Medford.

More information—including a schedule of summer events—will be sent out soon.

GREAT PARENT EDUCATION OFFERINGS ON THE CALENDAR

An Introduction to Parenting with Positive Discipline

PARENTING WITH COURAGE & CONNECTION



ON ZOOM



Thursday, June 16, 6:30-8:30 pm

In this FREE, fun and interactive workshop, learn how to:

- Use basic brain science (adult and child) to improve behavior at home
- Build connections to share your values and culture
- Discipline with kindness and firmness.

Parents will leave this workshop with several new simple, respectful parenting tools to use right away!



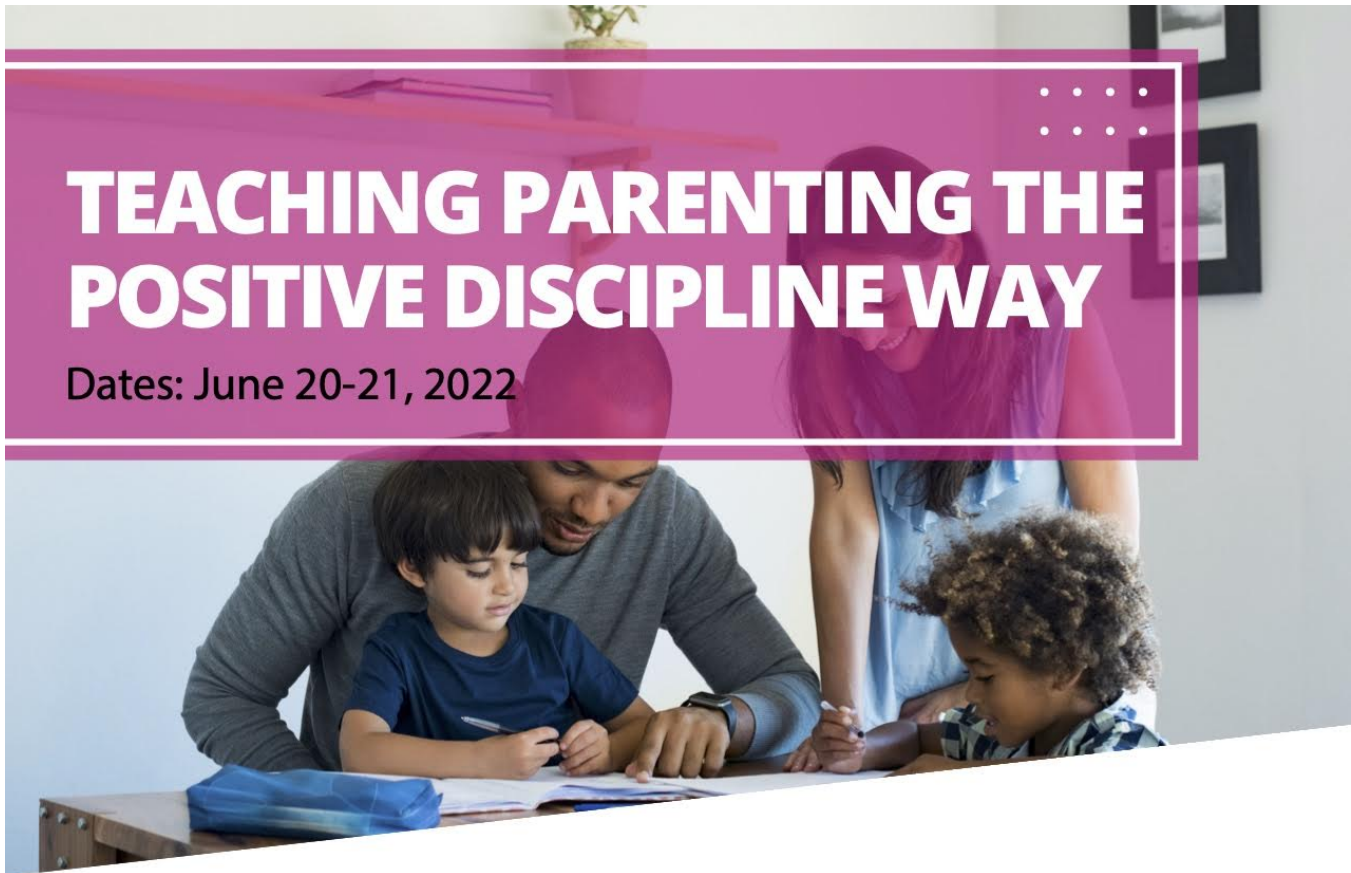
REGISTER AT

<https://parentingintro.eventbrite.com>



FREE!

QUESTIONS? Crystal_Kawamura@SOESD.K12.OR.US



TEACHING PARENTING THE POSITIVE DISCIPLINE WAY

Dates: June 20-21, 2022

Learn the step-by-step approach to starting and leading experientially-based parenting groups using Positive Discipline and Adlerian philosophy. We model strategies and tools that can be used to teach parenting classes online and in-person.

- Learn how to facilitate a parenting class from the position of a non-expert and gain practice with experiential exercises that help parents go beyond intellectual understanding in order to be able to respond in empowering ways that teach children.
- As a Certified Positive Discipline Parenting Educator you'll be able to use materials and activities in group settings, parenting classes and individual work with families.

This interactive workshop teaches experiential activities that reach the heart of parents to inspire deeper understanding and change. Join us and gain the tools and strategies you'll need to offer real empowerment to parents.

Dates/Times: Thursday June 16 6:30 pm-8:30 pm (Online)

And in person Monday, June 20 & Tuesday, June 21, 2022

8:30 am - 4:30 pm Lunch Provided

Location: Phoenix High School PDUs: 16, Microcredits available

REGISTER [HERE](#)





thefamilyconnect.org
541-734-5150 x1042



OREGON
PARENTING
EDUCATION
COLLABORATIVE



free events

Summer Programs

for parents and people in parenting roles

✓ Cognitive Behavioral Therapy ✓ Brain Science ✓ Discipline is Teaching ✓ Communication & Routines

ACTIVE PARENTING
First Five Years

Preparing For School Success Workshops

June 16 & 18, July 12 & 16, Aug 4 & 6. Virtual and In-Person options.

RSVP: tinyurl.com/2p8evav2

Virtual Parenting Workshops 6:30pm-8pm PT

June 20th – Brain Development

July 18th – Positive Discipline

August 15th – School Readiness

RSVP: tinyurl.com/TFCworkshop



Active Parenting of Teens® Parenting Program (8 sessions)



For parents of children ages 11-18

July 11 – Aug 29, 2022

Every Monday

6:30-8:00pm PT on ZOOM

RSVP: tinyurl.com/TFCparentingyourteen

Conscious Discipline® Parenting Program (8 sessions)



For parents of children ages birth to 5

July 14 – Sept 1, 2022

Every Thursday

6pm-8pm PT on ZOOM

RSVP: tinyurl.com/TFCparenting

Infant Massage® Parenting Program (5 sessions)

For parents of non-mobile infants

To Be Announced July 2022

@ Doulas & Company "Family Community Center," 305 N Bartlett St, Medford, OR 97501

Pre-RSVP: tinyurl.com/85aabjyp

The Family Connection - Free Parenting Classes for families in Jackson and Josephine counties

thefamilyconnect.org - @wwwthefamilyconnectorg - Enewsletter Signup: tinyurl.com/TFClst

NEXT PRESCHOOL/K12 SUMMIT COMING UP IN AUGUST

Our 5th Preschool/K12 Alignment Summit for early childhood educators, K12 educators and family members is coming up via Zoom on Thursday, August 11.

One of the issues to be covered during the August Summit will be the development of a new Kindergarten Assessment by the Oregon Department of Education. Participants will receive an update from ODE on how the assessment is being developed and will have the opportunity to provide feedback and ideas.

More information to come, but for now, please save the date. The Summit will take place in the early evening via Zoom. If you would like to be on the invite list, please email peter_buckley@southernoregonsuccess.org

REGISTRATION IS OPEN FOR WEBPD COURSES IN SOCIAL/EMOTIONAL LEARNING AND BEHAVIORAL HEALTH

Our Early Childhood Supports work group is developing a network of all trainings, courses and workshops in Social/Emotional Learning that are available for parents, agencies, child care centers, school districts—everybody—and the courses offered by SOESD with the WebPD program are well worth checking out:



Classified Adds



Paraeducators! Classroom Assistants! Other Classified Employees!

Add skills, pay and the opportunity to move up the career ladder by adding webPD classes to your summertime PD plans.

SOESD has partnered with SOU to provide school staff with the opportunity to earn a School Mental and Behavioral Health micro-credential, which can help people advance toward higher-paying, in-demand positions within education. What's more--or less, as the case might be with respect to financial output--thanks to a couple of grants, you can earn the SMBH micro-credential for free!

To learn more about the SMBH micro-credential program [click here](#) or email Kayla Rapet of SOU at rapetk2@sou.edu.

We invite you to sign up for any of our upcoming webPD classes before registration closes at 4 pm, June 10.

Registration for webPD Term 5 is now open in [PDNetworks](#).

Term Five Dates: June 11 - July 16

When: You decide! All webPD classes are self-paced, conducted via Canvas (**not Zoom**) and take only about an hour per week to complete.

Who Should Participate: All pre-K and K-12 educators, principals, paraprofessionals and community partners interested in partaking in professional development that's flexible, built around trustworthy resources and focuses on relevant, timely topics.

Special Note for Classified Staff: Most webPD courses qualify for **SOU's School Mental and Behavioral Health micro-credential program**. Eligible classes are designated with an SMBH in their titles. If you are interested in earning SOU credit and/or to learn more about the SMBH micro-credential program (which can help you advance toward higher-paying, in-demand positions within education), please [click here](#) or email Kayla Rapet of SOU at rapetk1@sou.edu

Social-Emotional Learning 201 - SMBH

In this higher-level **five week, five module, asynchronous online course, conducted through Canvas (no Zoom)**, participants will:

- Review the basic concepts, research and five key competencies of SEL presented in the introductory course.
- Consider ways to use self-reflection and assessment as a tool for making growth in the five key areas.
- Gain an understanding of the positive impact of schoolwide implementation of SEL activities and curriculum.
- Explore strategies, activities and resources to support the implementation of SEL across the school setting.
- Explore strategies, activities and resources to support the implementation of SEL across the school setting.
- Apply concepts learned in the course to identify an actionable step toward the implementation of SEL in your current or desired work setting.



- Apply concepts learned in the course to identify an actionable step toward the implementation of SEL in your current or desired work setting.

Register through [PDNetworks here](#) or by clicking the button below.

Cost: FREE for everyone during pilot year.

TIPs 201 - SMBH



- Understand how Expressive Arts improve brain function and learning
- Define Collective Trauma and understand how individuals and societies make sense of and recover from collective traumas such as COVID-19, mass climate disasters, large scale social conflict, etc.
- Briefly explore three effective, inclusive, and trauma-informed frameworks for schools and organizations: The Circle of Courage, Restorative Justice, and Collaborative Problem Solving.
- Encounter resources, strategies, student lessons and activities that support organization-wide implementation of trauma-informed policies and parent & community collaboration.

Register through [PDNetworks here](#) or by clicking the button below.

Cost: FREE for everyone during pilot year.

In this higher-level, **five week, five module, asynchronous online course, conducted through Canvas (no Zoom)**, participants will:

- Review key concepts from TIPs 101 such as the various types of traumas, the impact of toxic stress and trauma on the brain and learning, and how to create a trauma-informed classroom or environment.
- Define and gain insight into the bio-physiological processes involved in the mind-body connection and neuroplasticity, and how to leverage these in overcoming trauma and optimizing learning.

Building Resiliency in Mental & Behavioral Health 201 - SMBH

In this higher-level **five week, five module, asynchronous online course, conducted through Canvas (no Zoom)**, participants will:

- Review how resilience is foundational to both prevention and post adversity recovery efforts
- Introduce the strengths-based approach to building resilience, gain tools to identify student strengths and for using strength-based language
- Learn how to foster optimism in students
- Explore techniques for building rapport and



- Discover the "three secrets" of resilient people
- Explore best-practice strategies, activities, and resources related to fostering resilience

Register through [PDNetworks here](#) or by clicking the button below.

authentic relationships with
"adult-wary" youth

Cost: FREE for everyone during pilot
year.

UDL 201 - SMBH



- Comprehend that beginning with assessment is the vital part of backwards design
- Understand the strengths and limitations of different types of assessments
- Identify strategies and resources for building choice into lessons from the beginning
- Explore sample UDL lessons that illustrate multiple means of engagement, expression and representation
- Apply UDL learning to transform a traditional lesson to a UDL lesson

Register through [PDNetworks here](#) or by clicking the button at left.

Cost: FREE for everyone during pilot
year.

In this higher-level **five week, five module, asynchronous online course, conducted through Canvas (no Zoom)**, participants will:

- Review the UDL guidelines and the research they are based on
- Understand that UDL is standards-based lesson planning

ACEs 201 - SMBH

In this higher-level, **five week, five module, asynchronous online course, conducted through Canvas (no Zoom)**, participants will:

- Briefly review the ACEs 101 introductory course information to set the stage for a deeper dive.
- Learn about more recent ACEs research, data, and the socio-cultural interactions with ACEs.
- Gain a deeper knowledge about the neuro-sequential model of the brain and the impacts ACEs can have on brain development
- Understand the relationship between ACEs and state dependent learning, the arousal continuum, and the six core strengths of brain development
- Identify more strategies, resources and lesson plans for supporting children with ACEs in the school/classroom



Register through [PDNetworks here](#) or by clicking the button below.

Cost: FREE for everyone during pilot year.

Equity 201 - SMBH



- Develop an increased understanding of historical, sociological, and cultural information to improve students' feeling of belonging.
- Provide inclusive teaching strategies and resources that promote and ensure all students receive equal opportunities in education.
- Investigate federal and state requirements in providing equitable educational opportunities to all student groups.

Register through [PDNetworks here](#) or by clicking the button below.

Cost: FREE for everyone during pilot year.

In this higher-level **five week, five module, asynchronous online course, conducted through Canvas (no Zoom)**, participants will:

- Review of Equity 101 to recognize and understand Oregon Department of Education's equity lens, as well as basic equity concepts.
- Identify and distinguish deeper definitions, understandings, and information about racism, biases, micro aggressions.

Adverse Childhood Experiences (ACEs) 101 - SMBH

In this **five week, five module, asynchronous online course, conducted through Canvas (no Zoom)**, participants will:

- Become familiar with the original and ongoing Adverse Childhood Experiences (ACEs) studies
- Identify types of ACEs
- Understand the long-term, significant impacts of ACEs on children and families
- Identify the impact ACEs can have on a student's social, emotional, and academic development
- Identify strategies and resources for prevention of ACEs in children
- Identify strategies for supporting children within the school/classroom



Register through [PDNetworks here](#) or by clicking the button below.

Cost: FREE for all employees of SOESD/SOESD's 13 component districts; \$149 for agencies & community members of Jackson/Josephine/Klamath counties (\$79 for community people participating in SOU's SMBH Micro-Credential); \$199 for people outside Jackson/Josephine/Klamath counties.

Trauma-Informed Practices 101 - SMBH



Register through [PDNetworks here](#) or by clicking the button below.

Cost: FREE for all employees of SOESD/SOESD's 13 component districts; \$149 for agencies & community members of Jackson/ Josephine/ Klamath counties (\$79 for community people participating in SOU's SMBH Micro-Credential); \$199 for people outside Jackson/Josephine/Klamath counties.

In this updated **five week, five module, asynchronous online course, conducted through Canvas (no Zoom)**, participants will:

- Learn basic definitions, concepts, principles and practices involved in applying a trauma-informed approach to their work with children and families
- Gain a clear understanding of the impact of toxic stress and trauma on the brain and learning
- Appreciate their own role and well-being when it comes to impacting child development and learning
- Take away key strategies for building co-regulation skills, preventing vicarious trauma, moral injury, and burnout
- Learn how to apply the tools of “psychological first aid” and other universally-applicable tools for creating trauma-informed environments
- Explore a few of the current topics and concerns in trauma-informed practice, such as historical and racial trauma and the impact of world events and social media

Equity 101 - Institutional Racism/Biases/Micro Aggressions - SMBH

In this **five week, five module, asynchronous online course, conducted through Canvas (no Zoom)**, participants will:

- Review and identify definitions, understandings, and information about basic equity concepts (racism, biases, micro-aggressions)
- Understand the federal and state requirements of school districts in providing equitable educational opportunities for all students
- Identify and recognize supportive efforts rooted in equity to support the Oregon Department of Education's commitment to ensuring all students receive equal opportunities in education
- Review and expand historical, sociological, and cultural information to increase equity understanding and implementation



Register through [PDNetworks here](#) or by clicking the button below.

Cost: FREE for all employees of SOESD/SOESD's 13 component districts; \$149 for agencies & community members of Jackson/ Josephine/ Klamath counties (\$79 for community people participating in SOU's SMBH Micro-Credential); \$199 for people outside Jackson/ Josephine/ Klamath counties.



Building Resiliency in Mental and Behavioral Health 101 - SMBH

In this **five week, five module, asynchronous online course, conducted through Canvas (no Zoom)**, participants will:

- Understand definitions for mental and behavioral health
- Learn about ways to build resiliency and protective factors when working with students
- Identify strategies to help children and families strengthen their mental and behavioral health skills
- Identify approaches to working with students with mental and behavioral health
- Identify resources for children and families that need mental and behavioral health assistance
- Understand the importance of educator self-care

Register through [PDNetworks here](#) or by using the button below.

Cost: FREE for all employees of SOESD/SOESD's 13 component districts; \$149 for agencies & community members of Jackson/ Josephine/ Klamath counties (\$79 for community people participating in SOU's SMBH Micro-Credential); \$199 for people outside Jackson/Josephine/Klamath counties.

Universal Design for Learning - 101

Universal Design for Learning (UDL) is *not* a program or curriculum. Rather, it is an approach to curriculum design that can help address the challenge of meeting the needs of ALL students.

In this **five week, five module, asynchronous online course, conducted through Canvas (no Zoom)**, participants will:

- Be introduced to the Universal Design for Learning (UDL) educational framework
- Gain an understanding of the basic principles of UDL, how to implement a variety of UDL strategies, how UDL complements and supports other educational and social initiatives, and, hopefully, improve your own teaching practice to benefit a wide variety of diverse students
- Understand Universal Design for Learning and how it benefits ALL students
- Express the importance of considering your students' diverse needs when you design lessons



- Understand how goal-based planning opens the door for choice and inclusion
- Apply the UDL Guidelines to lesson design and instruction
- Learn how the UDL framework and guidelines support and complement equity, anti-racism, culturally-responsive teaching and differentiated instruction

Register through [PDNetworks here](#) or by using the button below.

Cost: FREE for all employees of SOESD/SOESD's 13 component districts; \$149 for agencies & community members of Jackson / Josephine/ Klamath counties; \$199 for people outside Jackson/ Josephine/Klamath counties.



Social Emotional Learning 101 - SMBH

In this **five week, five module, asynchronous online course, conducted through Canvas (no Zoom)**, participants will:

- Gain a basic understanding of the research supporting the application of social and emotional learning (SEL) in the school setting
- Learn the five key competencies of SEL
- Learn the benefits of developing adult SEL skills in the school setting
- Explore ideas for incorporating SEL curriculum and practices into classroom and school settings
- Identify specific SEL strategies and practices to employ in participants' current work settings

Register through [PDNetworks here](#) or by using the button below.

Cost: FREE for all employees of SOESD/SOESD's 13 component districts; \$149 for agencies & community members of Jackson /Josephine/ Klamath counties (\$79 for community people participating in SOU's SMBH Micro-Credential); \$199 for people outside Jackson/Josephine/Klamath counties.

Questions? Email or call Nancy Hayes at nancy_hayes@soesd.k12.or.us

Phone: 541-776-8590 x1133

OPEN ACES TRAININGS IN JUNE & JULY

For anyone interested in taking (or repeating) an ACEs training in the NEAR curriculum, we have open trainings coming up in April and May. ACEs stands for the Adverse Childhood Experiences study, which provides the scientific data showing the impact of trauma on health, behavioral health and social outcomes. There is no cost to participate.

ACE Interface's NEAR curriculum (NEAR stands for Neurobiology, Epigenetics, ACEs and Resilience) is the curriculum that the Southern Oregon ACEs Training Team has been presenting to over 16,000 people in our region since 2016. It provides a

straightforward understanding of how what we experience impacts our development and the health, education and social outcomes that result.

This understanding allows for a common vocabulary and common approach to the root causes of many of the challenges faced by our children, families and communities.

Tuesday, June 21

2:30 pm to 4:30 pm via Zoom

Please register [at this link](#).

Tuesday, July

2:30 pm to 4:30 pm via Zoom

Please register [at this link](#).

In addition, any school, agency, business, faith organization or community group interested in having a training session scheduled for their staff or members at no cost can do so by emailing peter_buckley@southernoregonsuccess.org.

JOIN US ON FACEBOOK

The Facebook page for Southern Oregon Success features almost daily postings of events taking place in our region and information shared from all over as part of our learning community efforts on what works and what doesn't in helping kids and families thrive.

If you do Facebook, check us out and Like us at [Southern Oregon Success](#).